



NEWSLETTER



The official newsletter of Coláiste Chiaráin

Welcome

Welcome to our September edition of our Coláiste Chiaráin Newsletter. We are delighted to celebrate and showcase the many activities, events and achievements in the past month. We would like to especially welcome our First Years to our school and we hope that you enjoy your time here.

IN THIS ISSUE

- WELCOME TO OUR FIRST YEARS
- ARGENTINIAN VISIT
- CULINARY APPRENTICESHIP FOR TRANSITION YEAR STUDENTS
- WELLBEING TALKS FOR FIRST YEARS
- EUROPEAN LANGUAGE DAY
- PLOUGHING CHAMPIONSHIPS
- STUDY SKILLS SEMINARS]
- SIXTH YEAR DEBS
- LEAVING CERTIFICATE RESULTS



First Day for Our New First Years



Coláiste Chiaráin

Wellbeing First Year Talks

All First years participated in psychoeducational talks over 4 weeks. The talks were delivered by Mr Finbar Chambers (Psychotherapist/Lecturer)

They focused on inclusion, diversity and wellbeing. There was a different theme each week and they were delivered in an age appropriate manner using storytelling to relay concepts around individual difference, empathy and respect for self and others, vulnerability and kindness, understanding self and others.

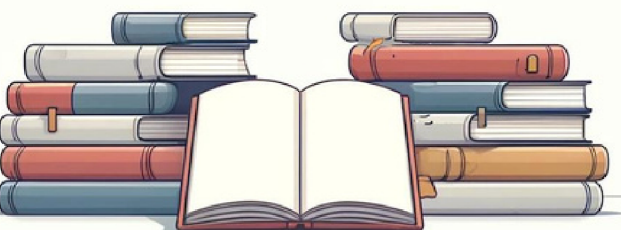
Fin also spoke with First year parents on 27-09-2023



Study Skills Seminars

The week commencing September 25th marked a whole school focus on improving students' engagement with study. Promoting and encouraging all students to be focused and organised in terms of their approach to each subject was prioritised as we embrace a new academic year. Each department collaborated to create useful and effective study skills relevant to each subject area.

First years were reminded of the keywords journal provided to them in their gift bag in September. Each department worked collaboratively to create both useful and practical advice relevant to their particular subject area.



Argentinian Visit

On September 20th a group of students from Argentina visited our school where they were first of all treated to some traditional music from our Trad band . A number of our Transition Year Students presented to the group and spoke about topics such as irish food, our climate, history and St. Patrick's day.

The Argentinian Students did a presentation on their country and culture also. It included a 'Mate' tea tasting experience (tea made from Yerba plant - herbal tea and it was around for our students to try) They also taught our students a trad Argentinian dance and brought a traditional cake to share - Chocotorta. Our students danced the Walls of Limerick with them! It was a great experience for all.



CULINARY APPRENTICESHIP TASTER COURSE

Coláiste Chiaráin was delighted to announce a fantastic opportunity for transition year students who are interested in the field of Cookery/Culinary Arts. It will take place in Coláiste Chiaráin and will be delivered by Chef Tom Flavin. <https://www.flavin.ie>

Chef Tom Flavin has spent 22 years in Limerick as an Executive Chef. He is a member of Eurotoques Ireland, a Founding Member and Chairman of the Limerick Food Group and The Pigtown Food Series in Limerick, a Trustee of The Limerick Milk Market and an active member of the steering group for Limerick Wild Atlantic Way Gateway City Strategy.

He sits on the National Steering Group committee for The Commis Chef Apprenticeship Program with Fáilte Ireland and the Irish Hotel Federation. The programme began on 20th September and will run for 7 weeks every Wednesday morning.

The Transition Year Students are learning to

- Prepare a range of soups and breads.
- Produce lunch and dinner items using appropriate cookery processes and techniques.
- Prepare and cook a variety of pastry and dessert items.
- Produce a range of culinary products for various menus.
- Demonstrate the correct use of knives required for food preparation.
- Demonstrate an awareness of the various cooking methods and their impact.
- Display a knowledge and understanding of basic kitchen hygiene.
- Demonstrate a willingness and awareness of the importance of team work.





Sixth Year Debutante Ball



Leaving Certificate Results



WELL DONE TO ALL ON YOUR SUPER RESULTS!
WE WISH YOU EVERY SUCCESS AND HAPPINESS
FOR THE FUTURE

European Day of Languages

At the end of the European Year of Languages in 2001, the Council of Europe suggested that on the 26th September, the European Union should celebrate and encourage language learning across Europe. Thanks to the efforts and hard work of the MFL, TY classes and the 2nd Year European Studies class, Coláiste Chiaráin had great fun celebrating European Day of Languages.

All TY students of French, German, Spanish and Italian researched the 27 European state countries. They made bookmarks with key facts and keywords relating to each country. They also generated a survey to showcase the languages that each teacher has. The results are displayed on the plasma for all to see and posters are on the classroom doors.

The 2nd Year European Studies group also researched the European states and designed posters to help decorate the GP area.

All First Years took part in a quiz run by the TYs to showcase language learning with many students winning spot prizes. The overall winners of the quiz were Kimberly Daly, Farrah Corbett, Taylor Copps and Sonia Holmes. Well done to all involved.



Transition Year Trip to the National Ploughing Championships



Sports Update



Congratulation to Kyle Williams who won the National Kick Boxing Championships recently and we wish him the very best of luck in the Upcoming European Championships . Well done!!