



NEWSLETTER



The official newsletter of Coláiste Chiaráin

Welcome

Welcome to our September edition of our Coláiste Chiaráin Newsletter. We are delighted to celebrate and showcase the many activities, events and achievements in the past month. We would like to especially welcome our new First Years and we hope that you have a happy and fulfilling time here at our wonderful school. Enjoy the read!

- Welcome to our First Years
- Huge Success at European Contest for Young Scientists
- Transition Year Apprenticeship Culinary Taster course
- Transition Year Trip to Ballyhass Adventure Centre
- First Year Wellbeing Talks
- Second year hike up Knockfierna
- European Day of Languages
- And meet your new Media Team

and much more.....

Editor: Ms. Lisa Horgan
Photos: Mr. O' Sullivan & TY Media Team
Design: Form 4 Newsletter Team



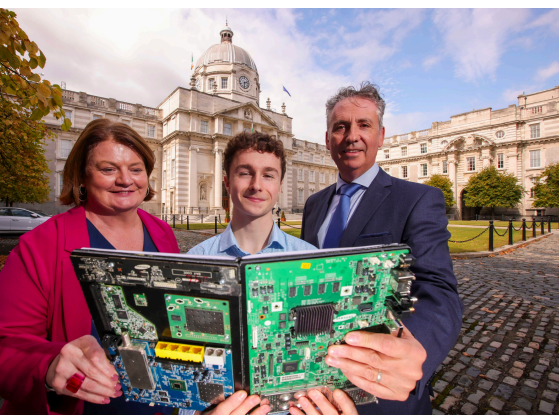
First Day at Coláiste Chiaráin





EUCYS Success for Seán O' Sullivan

Seán O'Sullivan, 6th year student, our 2024 BTYSTE Winner won second place at EUCYS with his AI Project '**Verify Me**'. He was a wonderful representative for Ireland and did everyone so proud. He also won a place at Regeneron ISEF which takes place in Columbus, Ohio next May.



Apprenticeship Culinary Taster Course

TY students had the opportunity to partake in a “Apprentice Culinary Taster Course” in partnership with the Limerick & Clare ETB Further Education & Training Hub. This is a wonderful opportunity for students as they get to experience group cookery classes with professional chefs such as Mr. Tom Flavin. The programme runs every Wednesday from 9am to 1pm throughout the year in six week blocks.

The classes consist of 12 students which are led by Chef Tom. Students get to witness and experience a professional skill set such as his, as well as develop their own skills each week.

Students will make an array of dishes during the programme such as homemade granola, smoothies, spicy chicken burgers, curry and parsnip soup, sticky toffee pudding, chocolate chip cookies and brownies to name a few.

This course endeavours to provide students with the necessary materials and mentorship to explore their potential culinary talents and the possibility of cheffing as a career path. It also enables students to build confidence in the kitchen and enter competitions at a regional level throughout the year.



Transition Year Trip to Ballyhass Adventure Centre



Transition Year Trip to The Annual Ploughing Championships 2024



Second Year Hike - Knockfierna

On the 20th September, our 2nd year group had a bonding day as they walked up Knockfierna. As the sun shone, the students chatted, laughed and enjoyed a lovely day of exercise, fun and enjoyment.



Coláiste Chiaráin First Year Wellbeing Talks

All First years participated in psychoeducational talks over 4 weeks. These were delivered by Mr. Finn Chambers, (psychotherapist/Lecturer) They focused on inclusion, diversity and wellbeing. There was a different theme each week and were delivered in an age appropriate manner using storytelling to relay concepts around individual difference, empathy, respect for self and others, vulnerability, kindness, understanding self and others. Finn also spoke to First Year parents on the Parent Information evening on 19th September.



Some delicious produce from the hard working LCA class who are growing vegetables under the supervision and guidance of Ms. Laffan in our very own polytunnell!



Our Transition Years organised a 1st year Soccer and Basketball League in aid of the charity *The Children's Grief Project*. Well done!



European Day of Languages

To highlight European Day of Languages on the 26th September, the MFL department and the European Studies department organised many events to raise awareness of the value of learning languages. It also allowed all students to use the European languages they know and show their culture.

All 1st years took part in a table quiz and answered questions about language, food, music, Geography, History and culture from France, Germany, Italy and Spain.

2nd and 3rd year language students created bookmarks. They used the key question words by following the 5 Ws and 1H format, linking words and classroom language when designing their bookmarks.

2nd year European Studies students designed posters to promote the day.

The TY students showed how language can be used as a form of inclusion. They built a wall made from bricks highlighting negative and hate speech and then knocked it. Afterwards, they joined together, showing how positive, kind and peaceful language can create unity, strength and harmony to replace the walls created by hatred and hostility.

The 5th and 6th year students worked on their oral work so they would be able to give a warm and heartfelt welcome to our French, German, Italian and Spanish language assistant upon their arrival next week. Former past pupil and UL language graduate Liam Brühl will visit Coláiste Chiaráin in the coming weeks to speak about his language journey to date and we look forward to welcoming him back on campus.





COLÁISTE CHÍARÁIN S T U D I O S

The CCO Studios Media team is back in action creating exciting content this year! Be sure to follow us on [Instagram](#) & [Twitter](#) (X) @ccostudiosmedia to stay updated on all the events happening in Coláiste Chiaráin.

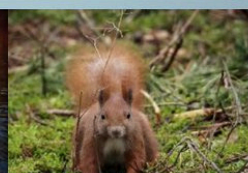
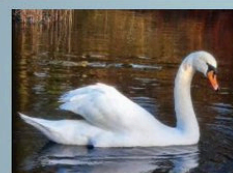
Long form content can be found on our Coláiste Chiaráin Youtube channel. Our reporters will keep you informed with news segments on school events and student achievements, while our media crew will create fun content to commemorate events. The photography team will capture all the highlights throughout the year. We're also excited to announce the return of our "Photo of the Week" competition! Submit your best shots to photooftheweek.24@gmail.com.

Plus, keep an eye out for behind-the-scenes updates on our short film production!



Photo of The Week

Enter by emailing
photooftheweek.24@gmail.com





Under 17 boys Football Team who played Gaelcholáiste at home in the Munster Championship first round